

DAY 7

Sitting with God - Practice just sitting with God.

What does it look like for you to sit with God? Do you have any expectations? Practice quieting your mind, and learn to enjoy just being in His presence.

Picture yourself sitting next to Jesus in your favorite, peaceful place. God desires to bring a deeper level of healing to you and free you from the chains of your past. Take Him with you back to your most painful memory, one you have not yet fully addressed. Imagine Him there with you when it happened (He really was). What is He saying to you? Picture His compassionate and understanding face looking at you. As He puts His arms around you and hugs you, **allow yourself to be loved by Him.**

Write your experience below:

“He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners.” (Is 61:1)

Worship - Pick a song or two and think intently about the words as you sing. Maybe read the lyrics and just listen. Talk to God about the words you’re singing to Him. Imagine Jesus & Father sitting on Their thrones and you’re worshipping the two of them. Kneel, sit, stand, or raise your hands! Engage with Them as you stand in Their presence.

Write down anything God impresses on you from your worship time...

Verse of the Week - Write out the #1 verse that directly spoke to you this week...



DAY 1

Confess | Learn | Adjust

As you practice meeting with God daily to talk with Him about your yesterday, you will begin to reap the fruit of this exercise. Don't grow weary in the process. Express your thoughts:

Read | Listen | Apply | Change - 1 Corinthians 1:18-2:16

What is God saying to you in this passage?

What steps can you take to apply this to your life? How may it help you navigate life?

Reflect On: 1 Corinthians 1:7-9 You're loved & wanted by God. You lack nothing! *"You don't lack **any** spiritual gift as you eagerly wait for our Lord Jesus Christ to be revealed. **He will keep you firm to the end, so that** you will be blameless on the day of our Lord Jesus Christ. **God is faithful, who has called you into fellowship with His Son, Jesus Christ our Lord.**"*

Purity Principle | Quote | Thought | Prayer

Jesus said, *"If your right eye causes you to sin gouge it out and throw it away. It's better for you to lose one part of your body than for your whole body to be thrown into hell."* Removing idols from your life that keep tripping you up is a **key principle** for breaking strongholds.

You will need to **get rid of** things that cause you to be triggered. Example: magazines, TV, Xbox, internet access, social media, etc. **This requires brutal honesty because we tend to minimize that which we don't want to give up.** Make a list below of all the areas in your life that you need to take to the guillotine and have it chopped out of your life. R40 calls this, Guillotine Theology!

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| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

Following Gods Counsel

Who knows the thoughts of man and the thoughts of God? The Holy Spirit (V2:10-12). **Spiritual discernment** is a huge benefit for the Christian (V2:14). You have been given the mind of Christ (V2:16). You have the best counselor living inside of you— the Holy Spirit! Ask God to help you learn to discern His counsel. He is the **Wonderful Conselor** (Isaiah 9:6). Express your thoughts:

DAY 6

Confess Victories | Learn | Adjust

*"With God we will gain **the victory**, and He will trample down our enemies."* Psalm 60:12 Describe a time that God trampled down something or someone opposing you. How have you experienced victory with God over the last few days?

Your "Top 3"

Be prepared to share 3 aspects from your recovery work/devotional this week. It may be a Biblical recovery principle, a scripture, or something God is teaching you about your character.

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We're Going to Die!

You may never have been with a group of people who were facing a near death experience but you probably have made a statement like, **"There's no way that can or will ever happen."**

Pete Maravich (known as Pistol Pete) is the NCAA men's basketball all time leading scorer since 1968. **At 40 years old** he was playing basketball with guys at the gym and fell over dead from heart failure. He had no known history of heart disease any where in his family. His word's to his friends that day while playing was, **"I feel great."** Matthew 24:36 says, *"...no one knows the day or the hour..."* the Lord will return or when they will meet Jesus face to face.

But here is one of the most famous **"near death"** stories ever. Jesus and His disciples are in a boat on a lake when a furious storm begins without warning and throws waves over the boat. If any of you have been on a small boat when a huge storm hits, it's terrifying. The men yell at Jesus, *"Save us, we're going to drown!"* You all know the rest of the account, Jesus calms the storm with a word.

The point of all this is about these men. The same guys that were afraid of this storm became—warriors for Jesus. **They changed the world! What changed them?** How did they go from being afraid of a little storm to be willing to die for the advancement of the Gospel! How did they become men willing to be imprisoned, beaten, nailed to a cross, and stoned!? **What changed?** Well it's pretty simple, **they walked day in and day out with Jesus!** They spent time with Him, they asked Him questions, and He was a part of every aspect of their lives for about 3 years. And they were filled with the Holy Spirit. This was there training, they became warriors of Christ, willing to lay down their lives for... Him! No matter what! **They were all in!**

Write a note to Jesus telling Him how committed to Him you are as **one of His disciples**:

"You can tell much about a man by what makes him angry."
—Abraham Lincoln

DAY 5

Confess | Learn | Adjust

Definition of **Learn**: to acquire knowledge or understanding through being taught, study, or experience. Every day we are learning something! This daily exercise is designed to give you the opportunity to exercise what you are learning from life, the WIN curriculum, and God's Word. What setbacks have you experienced the last few days? What did you learn from them?

Read | Listen | Apply | Change - 1 Corinthians 9:24-10:15

What's God saying to you in this passage?

What steps can you take to APPLY this to your life?

Reflection Verse: 1 Corinthians 10:24, 31 Is life about you... or others? Reflect. *Nobody should seek his own good, but the good of others... and whatever you do, do it all for the glory of God.*

Purity Principle | Quote

Someone said, **"The richest man in the world is not he who has the most, but he who needs the least."** Think about contentment! Real life is experienced by those who are content and at complete peace with God right where they are. **God is enough!**

As a Christian man, you can't have **peace & contentment** if sexual lust is running through your veins. As you break free from the bondages of lust, you will start to experience a **"peace that goes beyond understanding."** This will be one of your greatest joys and incentives to stay free! Soon, you won't need or want anything to make you happy... except Jesus! **This is a great place to be.** In your words, why is this true?

5 Minutes with God - Talk | Listen | Journal

Twice in Chapter 10, Paul emphasizes the Old Testament was written to be an example for us. We are to **learn** from their **mistakes** and be **warned** of the consequences of sin. What was the consequence of sexual immorality in V8? What were the consequences of their grumbling & complaining in V10? Talk with God today about what He wants you to learn from His Word. Don't shame yourself over this, just LEARN!

**Men, we have been "called" to not set our hearts on evil things (V6).
You were "called" by God to live your life in such a way as to WIN the prize!
Meditate on this, and put your faith into action.**

DAY 2

Confess | Learn | Adjust

Be with God. Be still with Him. Make connecting this way with God a daily habit. Don't let the little things build up. Write down anything you have not dealt with yet this week.

Read | Listen | Apply | Change - 1 Corinthians 3:1-20

What is God saying to you in 1 Corinthians 3 today?

What steps can you take to apply this to your life? How could it impact your recovery?

Reflection Verse - 1 Corinthians 2:14-16

"The person without the Spirit does not accept the things that come from the Spirit of God but considers them foolishness, and cannot understand them because they're discerned only through the Spirit. 15 The person with the Spirit makes judgments about all things... because you have been given... the mind of Christ." Based on this scripture would you say you're a man with the Spirit?

Purity Principle | Quote | Thought

"It is not scientific doubt, not atheism, not pantheism, not agnosticism that is likely to quench the light of the Gospel. It is a proud, sensuous, selfish, church-going, hollow-hearted, prosperous, Christian!" said Francis Chan in his book, *Profile of the Lukewarm*. Boom!

Historically, it has been the **religious people** who discredit God as they point a bony, self-righteous finger at others. **Servant or Hypocrite? Which will you be?** When people watch how you live, will they want to be a Christian?

To represent Christ well, we must be **gracious people** who take others to drink at the well of the **throne of grace**. We must not act as if we are perfect and then lay that burden on others. Paul is our example: He said, **"I will boast gladly about my weakness... When I am weak then I am strong."** Jesus said, **"My power is made perfect in weakness."**

Self-righteous, narcissistic, prideful men will not typically find recovery for themselves or their marriages. Describe how you can be a man's man yet walk in brokenness & humility.

Talk with God

Ask Him which man below describes you. Linger on this for a moment.

1 Corinthians 2:14 describes a man without the Spirit. This is a **Natural Man**.
1 Corinthians 2:14 describes a man with the Spirit and following the Spirit. A **Spiritual Man**.
1 Corinthians 3:1-3 describes a man with the Spirit but isn't following Him. A **Carnal Man**.

DAY 3

Confess Setbacks & Victories | Learn | Adjust

"Do not be overcome by evil but overcome evil with good." Romans 12:21 What good have you done or what victories have you had this week that have overcome evil? Describe them below:

Read | Reflect | Transform - 1 Corinthians 5:1-13... Tough teaching today!

What was God impressing on you as you read this passage today?

What steps can you take to apply this to your life? How could this change you?

Pray about this Verse Long & Hard: 1 Corinthians 5:11 God hates sin but loves you!

*Now I am writing to you that you must not associate with anyone **who calls himself a brother but is sexually immoral or... a drunkard.... with such a man do not even eat.***

Purity Principle | Quote | Thought | Prayer

One of my brother-in-law's favorite sayings is, "**You become what you do.**" I'd like to add, "**You will do what you've become.**" According to God's Word, we are new creations (2 Corinthians 5:17). **If this is true**, we should act and make **our decisions based on who we have become**, a child of God! We have been washed, sanctified, and indwelt and empowered by the Holy Spirit. God says we are to live lives "**worthy of our calling.**" Ephesians 4:1

We are His kids. We're King's kids! We are chosen, hand picked!

We'll never **reflect Him** perfectly because we are a work in progress, but being His child should change us. Whom do you see when you look in the mirror? Write down what God is saying to you about this metamorphose you have experienced:

Going Deep with God - Talk | Listen | Journal

The man in the reading today was sexually immoral and also a part of their church. **He called himself a brother.** Notice in V11 that it's ok to judge this man's actions without judging him. They loved him so much they were willing to take harsh steps to deal with his sin **so that his soul was saved. His salvation was the goal!** What is your reaction to this passage? How does it make you look at others' sins? Your sin? As you talk to God about this passage, remember this man and the people were unrepentant.

DAY 4

Confess | Learn | Adjust

This daily practice will help keep your conscience clean and your heart focused on Whom and what you're living for. Evaluate how you lived the last 24 hours. Did you experience anything you would call a setback, or do you have something to celebrate? Explain below:

Read | Marinate | Transform - 1 Corinthians 6:6-20

What is God saying to you in this passage?

What steps can you take to APPLY this to your life? How could it help your recovery?

Reflect: 1 Corinthians 6:15, 19-20 If you know, do you care?

*Don't you know that your bodies are members of Christ Himself. 9 Don't you know that **your bodies are temples of the Holy Spirit**, Who is in you, whom you have received from God? You are not your own; 20 you were bought at a price. Therefore **honor God with your bodies.***

5 Minutes with God - Talk | Listen | Journal

"3 times" it says in the passage today, "**Don't you know?**" 1 Corinthians 6:15,16,19. This begs the question, "Do you know?" **Write down what you should know and how it should change you.**

1. 1 Corinthians 6:15 -

2. 1 Corinthians 6:16 -

3. 1 Corinthians 6:19 -

Prayer

Let's bow or kneel and lift our hands in prayer today. Sometimes it helps me to put some **body language** behind my words to show my reverence and respect for God

Lord and Savior, Father God, I thank you for saving me from my selfish ways. You saved me from myself. I have been sexually immoral for a long time in my life. It is clear from V9 today that I am deserving of hell. But You **washed** me, **sanctified** me, and **justified** me even though I don't deserve it. You set me free from my own self-destruction. Wow, thank you!

Help me to **remember** that You live in me! Help me to realize I take you wherever I go and You see **all** that I do. Your Word says, "**We are no longer our own. We were bought at a price.**" I have given up my right to live how I want. You bought me and cleansed me with Your blood because You love me and want me with you forever in heaven.

Thank you, Jesus, for loving me even when I turn my back on You. I can't wait to be with you in person. What an amazing day I have to look forward to! See You soon... Your son,