

## Day #7

Walking in the Spirit is a Daily Habit to Practice - Confess / Learn / Adjust  
Read Galatians 5:16-18 for a good explanation of how to walk by the Spirit!

Weekly POWER Passage - Write Titus 3:8

Read Jude 17-25... Listen and Apply

What do you feel God was impressing on you as read His scriptures today?

In V20, does “**but you**” imply “**You**”? In order to not be like the godless men in V16, Jesus’ brother lists 8 things we should do as Christians in V20—23. What are they?

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|----|----|
| 1) | 2) |
| 3) | 4) |
| 5) | 6) |
| 7) | 8) |

Pray and ask God to help you pick 3 from the list above that HE would like you to be working on in your life and describe what that would look like.

- 1)
- 2)
- 3)

In V24, what are 2 things God is able to do for you? Do you really believe this? Why?

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|----|----|
| 1) | 2) |
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In V20, God talks about “building yourself up in the faith.” Read 2Peter 1:5-8. List 4 of the 7 qualities God wants YOU to add to **your faith to be more effective!** Reflect on these.

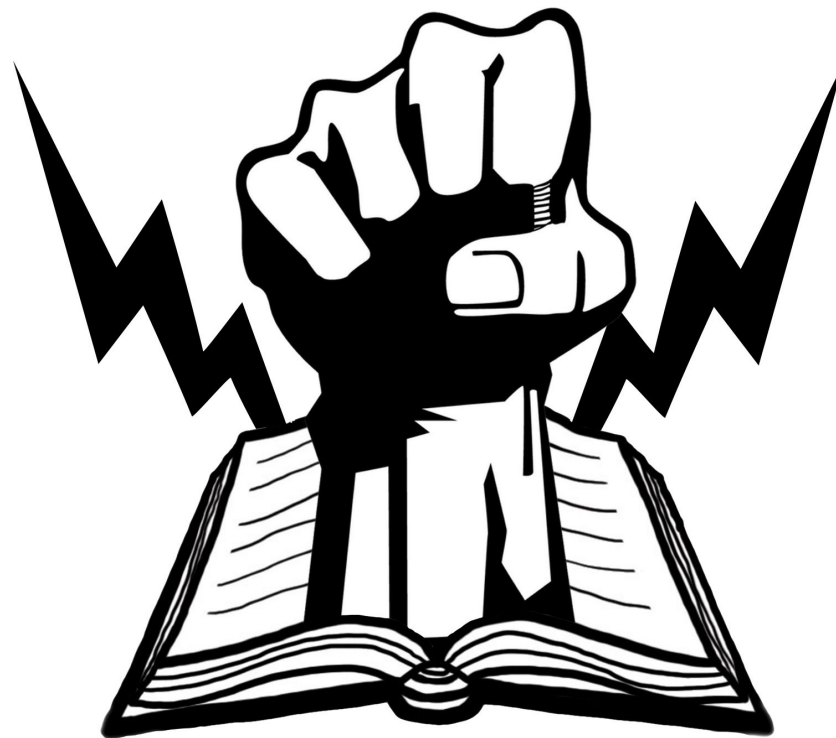
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| 1) | 2) |
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Prayer/Quote/Challenge/Principle

It’s been said, “**Champions are made when no one is looking,**” and “**Who you really are is revealed by how you act when you’re all alone.**” Spend some time with GOD today asking Him how you can add the **qualities** listed in today’s study to your faith so that you’re useful, productive, and fruitful with your life. His will for you is that you would diligently pursue these qualities.

**DON’T BRUSH THIS OFF... this may be a defining moment in your life!**

Ask God what He wants you to remember from this week’s study.



# THE WORD

The POWER to change your life!

“Do not merely listen to the Word, and so deceive yourselves.  
Do what it says.” - James 1:22

**WEEK- TY, PHIL, MR. J**

## Day #1

### Walking in the Spirit through:

Confessing Mistakes, Proclaiming Victories, Learning from Mistakes & Victories, Adjusting to Repeat or not Repeat. This should be done daily looking at your last 24 hrs.

Weekly POWER Passage - Write Titus 2:11-12

### Read Titus 1:1-9... Listen and Apply

How can you apply what you read in God's Word today?

Paul writes to Titus on the island of Crete to help guide him in his leadership role with the churches. In the first part of V1, what does Paul say his **purpose** for living is?

What is your **purpose** for living? Why did GOD create you and place you on the earth at this time in history? What are you devoted to? Identify yourself by filling in the blanks:

\_\_\_\_\_ (your name), a \_\_\_\_\_ of God, created for \_\_\_\_\_.

According to the last part of V1, what leads to **godliness**?

Read Ephesians 1:4. What is one of God's **purposes** for creating you?

Paul lists over 15 qualifications to be an elder and overseer in V5-9. Are most of these qualifications based on **character**, knowledge, or skill? We should all strive to have these Godly **character qualities**. List 4 of these **qualities** you may need to work on.

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| 1) | 2) |
| 2) | 4) |

**How would these help you in life, your recovery, and your relationships? Reflect on this.**

### Quote/Challenge/Principle

Here are a few quotes about **character**. Billy Graham said, "**When wealth is lost nothing is lost; when health is lost something is lost; when character is lost, all is lost!**" It's been said, "**A true test of character isn't how you are on your best days but how you act on your worse days!**" Another, "**People with good intentions make promises, but people with good character keep them!**" In Gal 5:22, GOD listed a few of His qualities we can have as we learn to surrender and walk moment by moment in the HOLY SPIRIT! Take time now to repent from damage you've done to your character. Ask God to restore each of these qualities with qualities that honor Him. Ex: Change anger to patience!

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| 1) | 2) |
|----|----|

What does God want you to learn from today's lesson... Ask Him.

## Day #6

### Start Each Day with God Talking about How You Lived the Last 24hrs

**Confess Wrongs & Victories... Learn from them... Adjust**

Weekly POWER Passage - Write Titus 3:1-2

### Read Jude 1-16... Listen and Apply

What did God impress on you today as you read His Word? How can it help you in life?

Jude was Jesus' & James' brother and a leader in the church. The letter was written to remind the church to stay vigilant, to stay strong in the faith, and to oppose heresy. In V4, what are the men called who used the **GRACE of God as a license to be immoral**? Have you used the grace of God as a license to sin? What could you have done in that moment?

**The lie** we may tell ourselves is, "**I will look at this site on the computer and ask God to forgive me afterwards.**" We think we know a better solution to appease what we are feeling in the moment. The opposite of this thinking is in 1Tim 6:6. Write this verse.

Read Rom 6:1. You can see from this verse we are not the first ones to use **grace** in this way. Now read Rom 6:2. What does it say about using **grace** in this way?

Read Rom 6:20-23. From what have you been set free? What have you become slaves to? What benefit/fruit do you reap from your your **new life** in Christ?

Read Gal 5:1&13. Why did Christ set **you free**? What are you yoked to if you return to your sin? What should your **freedom** from sin produce in you? How does this help you recover?

### Prayer/Quote/Challenge/Principle

Someone said, "**We give up what we want most, for what we want in the moment!**" How true! We often pull out the "The Grace Card" (get-out-of-jail-free card) to rationalize our desire to sin. Repent for any misuse of **God's Grace** as a way to do whatever sin you want. Repent of minimizing **your sin** and having a false belief that how you live has little to do with your faith! **Replace this thinking with truth.** Ask God for a desire to show Him the respect HE deserves by living obediently and surrendered to HIS WAYS! **What do you want most?**

Talk with your Savior today about His "**Incomprehensible Love**" for you!

## Day #5

Walking in the Spirit - Confess, Repent, Learn, Adjust

Weekly POWER Passage - Write Titus 3:1-2

Read Philemon 1-25..... Listen and Apply

What did God say to you today as you read? How can this help you in your recovery?

Paul's purpose in writing this letter was to ask Philemon to **forgive** his runaway slave, Onesimus, and to accept him back as a new brother in the faith. The focus of the majority of this letter is **forgiveness**. Read Matt 6:14-15 and Colossians 3:12-14. Then, in your own words, share what these verses mean to you.

Are the scriptures you read above suggestions or commands? Would your response to the situation in Luke 23:32-34 be the same as Jesus? How about Stephen's response in Acts 7:60? Should your response be like these men? Why?

If your brother has something against you that he hasn't **forgiven**, what should YOU do based on Matt 5:23-24?

Write down who comes to your mind that may not have **forgiven you** or someone **you haven't forgiven**. Should you go to these people and make things right? Why?

### Prayer

Lord, I confess **my sin** of being **unwilling to forgive** those who have hurt me. I often wanted to get even or slandered them, but if I am honest with myself and take the plank out of my eye, I know I have done similar things to other people. Lord, how can I hold anything against anyone after you have **forgiven** me of so much! I want to love the way you love! Help me reconcile the relationships I've damaged and start being patient, kind, and gentle in my dealings with others. Thank you, Jesus, for your unconditional LOVE!

Ask God why forgiveness is so important for recovery. Reflect on what He says.

## Day #2

Walking in the Spirit is Connecting with God Moment by Moment - **Confess, Learn, Adjust** from your Victories & Mistakes you've made in the last 24 hrs.

Weekly POWER Passage - Write Titus 2:11-12

Read Titus 1:10-16... Listen and Apply

How did God touch you from His Word today? How would applying this change you?

What is the purpose of the **rebuke** to the Cretans in V13&14? Are you in need of a **rebuke** like this? Why or why not?

What can be corrupt/defiled according to V15? Have you experienced this in your life?

How does V16 speak to you? How do you think God wants you to adjust after reading this?

Read 1Jn 2:3-6. Is it the **words** of your mouth (profession of faith) or the **way you live** that testifies to the authenticity of your Christianity? How does this speak to you?

Do these verses today challenge you in the choices you make and the potential **severity of your sin**? These scriptures may be a **severe rebuke** to you and even make you mad, sad, guilty, and ashamed. What should your response be to these scriptures from GOD?

### Challenge & Principles

Hopefully today's reading really challenged you and did not condemn you! God didn't write them to condemn you but to wake you up to the fact that it **does matter** how you choose to live. Read 1Jn 2:1-2. You can see God DOESN'T want you to sin, but if you do, He has provided a payment for them through Christ. He DOES want you to understand the severity of your sin and choices! It is a good sign you are HIS child if this challenged you to make right lifestyle choices and to realize the severity of your willful disobedience. But if you **don't care** how you live, then you may not be HIS! Pray about who you really are!

Talk with God today about how confident you are in your eternal salvation.

## Day #3

Walking in the Spirit - Confess, Learn, Adjust

Weekly POWER Passage - Write Titus 2:11-12

Read Titus 2:1-15... Listen and Apply

How can what you read today change your life forever?

What were the **6 qualities** Titus was told to teach the **older men** in V2? Read this verse in the NLT and a few other bible versions to get the fuller meaning. Ask GOD what you need to do to have these qualities become a part of your character.

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| 1) | 2) | 3) |
| 4) | 5) | 6) |

Titus was told to set an **example to the young men** in V6-8. Based on these verses, how do you think you should be living in order to be an **example** to your younger brothers? Give two examples of what this might look like.

- 1)
- 2)

Write a definition of "**GOD'S GRACE**".

In V12, what does it say **GOD'S grace** teaches us? How does **GOD'S grace** do this?

God's **grace** is one of the pillars of recovery. How will it help you to recover?

### Challenge/Principle

Understanding **GOD'S grace** is one of the keys for overcoming any addiction! I would encourage you to do a in-depth study on **the grace of God**. In V14, it says Jesus died to redeem us from our sin and to make us a purified people who are able to stand in **HIS presence**, who live surrendered to HIM out of love, and are eager to do what's right. HE could have made us robots or forced us to be perfect, but HE wants people who WANT to be with HIM. Think about this:

**If you're forced to love, is it love? If life is controlled so nothing bad ever happens, is it really freedom? Pray that you will truly grasp GOD'S grace and desire to live for HIM.** This principle is a life-changer!

Talk with God about His grace and how to be motivated by it to obey Him.

## Day #4

Start Each Day with God Talking about how You Lived the Last 24hrs  
**Confess Wrongs & Victories... Learn from them... Adjust**

Weekly POWER Passage - Write Titus 3:1-2

Read Titus 3:1-15... Listen and Apply

What can you learn from Paul's letter to Titus? How can this help you in your recovery?

This is your day to **hear from God** what HE wants you to teach to others! As you read the passage, 1) look for key words and 2) life-changing principles. These should help a lust-addicted man **turn his life over to Jesus** no longer desiring to fulfill the lusts of his flesh!

- 1.
- 2.
- 3.

### Prayer/Quote/Challenge/Principle

Write a prayer or quote to emphasize what God is teaching you and others today.

Be Still, Reflect, Listen - 5 minutes with God